



Barley Mow Dental Care

• 21 St Mary's Street, Malmesbury. SN16 0BJ •
• 01666 822220 •
• www.barley-mow.co.uk •
• reception@barley-mow.co.uk •

November is Oral Cancer Month

Cancer is not a comfortable subject for most of us but it is a fact of life. In the UK 6000 people a year are diagnosed with oral cancer and only 50% survive for five years. Compared to many of the common cancers the survival rate is poor and the simple reason is late detection—by the time many are diagnosed they have already spread.

In the last decade the number of cases has increased nearly 50% and involve an increasing number of young adults.

Classically the risk factors for oral cancers have been smoking and alcohol consumption and there is a synergistic effect, so doing both makes it far more likely... These risk factors are most common in older males, who are often infrequent dental attenders.

Around a third of cases are linked to poor diet with a low consumption of fruit and vegetables.

The consumption of smokeless tobacco is also a risk factor, but is not common in Malmesbury.

It is believed the rapid increase in young adults with aggressive oral cancer is linked to Human Papilloma Virus (HPV) infections, and hopefully the new vaccine for teens will reduce its effect.

Survival rates improve markedly with early detection so what should you look out for?

- ◆ Ulcers that don't heal in three weeks
- ◆ Red & white patches in the mouth
- ◆ Unusual lumps or swellings in the mouth

To mark Oral Cancer Month Barley Mow Dental Care is offering £10 'oral cancer check' visits through November and December to patients over 65 who are not regular attenders. We will visually check their teeth and all their soft tissues for oral cancer.

So if your partner, or parents or next door neighbour hasn't had a dental checkup in years take advantage of this offer to give everyone peace of mind.

The dentists at Barley Mow all routinely check the mouth for any unusual soft tissue appearances or lumps or bumps and if in doubt can refer on to local consultants. If you are concerned by anything then please arrange an appointment for us to review it or raise it at your oral health assessment appointment. The campaign is run by the British Dental Health Foundation and the website is www.mouthcancer.org

New Member of the McNulty Family



Mr McNulty and his wife Saskia are pleased to announce that Keira Mary McNulty arrived fairly uneven uly on October 4th. She weighed in at a respectable 8lb 7oz.

Mo'vember

Movember (the month formerly known as November) is a moustache growing charity event held during November each year that raises funds and awareness for men's health.

This year Mr Morden & McNulty are giving up being clean shaven for the cause and there is some competition for the best mo' especially as Mr Morden started a few days late...

Donations can be made at the front desk or through the uk.movember.com website.

Rory is at mobro.co/TashAhoy

Bruce is at mobro.co/bmorden

